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TAKE GOOD CARE OF YOU

We know a hospital stay can be a difficult time for you, your family and friends. The inconvenience of a hospitalization and the many questions which arise can sometimes be overwhelming. We understand your concerns and we care. Your health and comfort are our most important considerations.

Nason Hospital has been a vital part of this community since 1900. We want your visit to Nason Hospital to be a pleasant experience and pledge our best efforts toward helping you recuperate as quickly and comfortably as possible.

This information will help you become more familiar with how we will care for you while you are our guest. If you need more information or assistance, please feel free to ask your nurse or dial "0" for the operator and ask to speak with the nurse supervisor. We will try to answer your questions quickly and completely.

WHAT YOU SHOULD BRING FROM HOME

You may want to bring a few **personal items** with you from home such as a bath robe, slippers, pajamas, deodorant, toothbrush and reading materials. If you wear dentures, contact lenses, glasses, or a hearing aid, you should bring their containers so they will be protected during your stay.

Please bring a list of any **medications** which you are currently taking so you can provide this information for your physician while in the hospital. Do not take any medicine other than what is given to you by the nurse. Herbal remedies will not be provided by the hospital. Ask your physician if you are permitted to use your own while hospitalized.

You should not bring **valuables** (jewelry, credit cards, large sums of cash, etc.). However, you may wish to keep a few dollars with you for incidental purchases such as newspapers or magazines. If you have any valuables with you as a result of an emergency admission, we ask that you send them home with a family member or contact your nurse to have them secured in a safe place.

Only **electrical items** (razors, hair dryers, radios, etc.) that meet the hospital's safety standards may be used. Please request our nursing staff to have these items checked for you.

You should also bring your **insurance cards/information** (Medicare, Blue Cross, or other) and social security card with you.

WHEN YOU ARRIVE AT THE HOSPITAL

Upon your arrival at Nason Hospital, you will be interviewed by a member of our admissions staff and will be asked to sign appropriate forms for the services you will receive while you are in our care.

The interviewer will also complete the necessary paperwork so that your bill can be submitted to the appropriate party responsible for payment.

If you have not had pre-admission testing, it may be necessary for you to have some diagnostic testing before going to your room. If this is required, it will be explained to you at that time. You will then be escorted to the room to which you have been assigned based on your medical needs and services required.

YOU'LL STAY IN A COMFORTABLE ROOM

As you settle into your room, your nurse will orient you to your surroundings. The closet and drawers located in your room should be used for storing your clothes and other personal belongings.


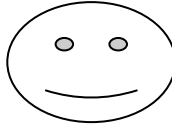
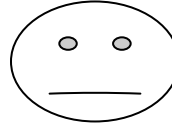
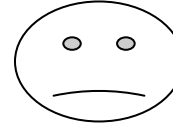
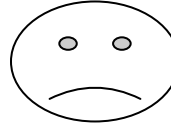
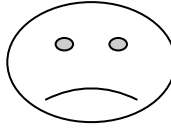
If you need anything during your stay, press the “call button” which is located on your side rail or by your bed in order to contact the nurses’ station. If you’re in the bathroom and need nursing assistance, pull the cord on the wall and a nurse will promptly come to help you.

Your bed was designed for your comfort and can be raised or lowered to the position which is most comfortable for you. For your safety, do not get in and out of bed without help when the bed is in a “high” position or when you are weak.

PAIN AND COMFORT

Managing your pain and keeping you comfortable is important to us. Please notify your caregiver if you are experiencing pain or discomfort.

We will ask you to use this scale to tell us the intensity of your pain and to assess the effectiveness of the treatment we provide.

PAIN RATING SCALE					
0	2	4	6	8	10
					
No hurt	Hurts little bit	Hurts little more	Hurts even more	Hurts whole lot	Hurts worst

MANY PEOPLE WILL CARE FOR YOU

While you are in our care, you will be visited by various members of our staff; some more frequently than others. All hospital employees are required to wear identification badges to help you identify them and their particular roles at Nason Hospital. If you have a specific question about your care, feel free to ask the health professional who is caring for you.

Our nursing staff will work with you to determine your nursing care needs and to help you prepare for discharge. You can expect our staff to treat you in a professional and caring manner during your stay. Others who may come to your room to provide care and services include technicians (cardiopulmonary, lab and x-ray), physical therapy, dietary, and housekeeping staff.

YOU'LL BE PROVIDED WITH NUTRITIOUS MEALS

Your diet is an important part of your recovery, so we make every effort to provide nutritionally-balanced, appetizing meals. A menu will be provided daily for you to select foods which comply with the diet that has been prescribed by your physician.

Our dietitian provides nutrition education free of charge for patients and is available to consult with families. If you have any specific needs or requests, ask your nurse to make arrangements for you or your family to meet with the dietitian. Some procedures (x-ray, surgery, etc.) may require a change from your usual diet and eating habits. You will be notified of these changes.

Nason Hospital celebrates with you on happy occasions! If you are having a birthday or anniversary during your hospital stay, please tell your nurse so that we can celebrate with you.

TELEPHONES

Upon your admission to the hospital, you will be assigned to a room that is equipped with a direct-dial telephone for you to use for receiving and making calls. To make a telephone call, please follow the appropriate instructions below:

- To make a local call, dial “9” + the number. Local calls can be made free of charge.
- To make a long distance call, dial “9” and the number.
- To call within the hospital, dial the appropriate 4-digit extension number.

Long distance calls must be made collect, or can be billed to your telephone credit card or your home telephone number. Family members and friends may contact you directly by dialing 224 + your direct extension number.

Cell phones may be utilized in patient rooms and waiting areas. Photographic images may only be taken with patient permission.

TELEVISIONS

Nason Hospital equips each room with a television that provides access to local cable channels and closed-circuit educational channels free of charge for your viewing.

Operation of the television:

- To turn on: Touch the TV indicator on the bed controls or the nurse call remote.
- To turn off: Hold the TV indicator on the bed control until the set turns off.

MAIL

All letters, packages, and flowers that are addressed to you will be delivered directly to your room. To avoid confusion, inform your family and friends of your hospital room number so that your items will be delivered promptly. Letters and packages that arrive in the mail after your discharge will be forwarded to you.

If you would like to send mail, please give the stamped material to your nurse so that it can be mailed for you.

Newspapers and other reading materials can be purchased from the Hospital Gift Shop. If you want to leave the nursing unit, please notify your nurse.

PARKING

Hospital parking for inpatients and visitors is provided in the front lot of the hospital. Designated parking areas are provided in the rear of the hospital for those patients requiring outpatient or emergency services.

SPIRITUAL CARE

This area is located off the Main Lobby for the convenience of anyone desiring a quiet place for rest and meditation.

We understand that you may be experiencing circumstances that may be difficult for you at this time. Persons in need of hospital care often rely on their faith to help them deal with stressful situations. Your spiritual needs will usually be met by your own clergy.

However, the volunteer Chaplain Program provides an individual who makes daily visits to provide spiritual counseling and guidance to those requesting this service. They will also notify your church if desired. On-call services for emergency needs can be arranged by contacting your nurse.

YOUR VISITORS ARE OUR GUESTS TOO

We offer conveniences to your visitors and try to make them feel comfortable while they're visiting --- because their visits are an important part of your recovery!

Snack Bar/Vending

The Nason Hospital Snack Bar/Gift Shop located just off the Main Lobby at the front Hospital entrance, is open to the public Monday through Friday 8am – 7 pm and on Saturday 9am – 3pm. They serve food and snacks and have a wide selection of gift items. Vending machines are located throughout the Hospital (near ED, Main Lobby and lower level near elevator).

Guest trays are available for a nominal cost when the Snack Bar is closed for one guest to share a meal with his/her family member.

Lodging

Information on local hotels, bed and breakfasts, restaurants and transportation area available upon request from your nurse.

Waiting Areas

Family and friends of patients who are having surgery may wait in the lobby at the front of the hospital. Waiting areas are adjacent to the Emergency Department for the family of patients who are receiving emergency services. Staff will keep the family up-to-date periodically regarding the patients' condition and progress.

DAILY VISITING HOURS AND POLICIES

We kindly ask your visitors to observe posted visiting hours.

Medical/Surgical: 11:00 a.m. – 8:00 p.m.

Obstetrics:

Friends and family :(age 13 and older) 1:30 p.m. – 3:00 p.m.
6:00 p.m. – 8:00 p.m.

Grandparents/siblings: 11:00 a.m. – 8:00 p.m.

Fathers: Unrestricted

Intensive Care Unit: (Immediate family only. Two visitors at a time)

10:00 a.m. – 10:15 a.m.

2:00 p.m. – 2:15 p.m.

5:00 p.m. – 5:15 p.m.

8:00 p.m. – 8:15 p.m.

Animal visitation is prohibited. Although in special situations, arrangements may be made with permission of the attending physician for an outside visit.

In addition, visitors are requested to adhere to the following:

- Please limit visitors to no more than two at a time.
- Before food or beverages are brought for a patient, check with the nursing staff to assure that they meet the patient's dietary requirements.

LEAVING THE UNIT

Patients maybe permitted to leave the unit for short periods of time, if they have an appropriate physician order and it does not interfere with treatment. Contact your nurse if you desire to leave the unit. If it is appropriate your nurse will educate you regarding safety issues and responsibilities.

SMOKE AND TOBACCO FREE POLICY

Because we care about you - Nason Hospital is smoke and tobacco free. Our goal is to protect the health and safety of our patients, visitors and employees. This decision has been based on overwhelming evidence that tobacco smoke is dangerous whether inhaled from a cigarette or breathed from the air. We kindly ask everyone to observe our policy of “no smoking” anywhere within the hospital. For those who smoke outside the hospital, please kindly extinguish cigarettes and place them in the containers that are provided in the parking lots and near the benches on the hospital property.

A smoke-free policy places the greatest burden on the hospitalized patient who must abstain from smoking for extended periods at a time of personal stress. We realize that this requires some big adjustment for those patients and staff who are accustomed to smoking, and we are ready to provide you with the needed support and understanding as you make this change in your life. You may want to talk with your physician if you have difficulty not smoking. For those who would like information about quitting, a trained respiratory technician will provide services. Smoking cessation classes are offered by the hospital.

PATIENT RIGHTS AND RESPONSIBILITIES

As a health care facility, we are committed to delivering quality medical care to you, our patient, and to making your stay as pleasant as possible. The following "Statement of The Patient's Rights", endorsed by the administration and staff of this hospital, applies to all patients. In the event that you are unable to exercise these rights on your own behalf, then these rights are applicable to your designated/legal representative. As it is our goal to provide medical care that is effective and considerate, we submit these to you as a statement of our policy.

STATEMENT OF PATIENT'S RIGHTS

- You have the right to respectful care given by competent personnel that reflects consideration of your personal values and belief systems and that optimizes your comfort and dignity.
- You have the right to know what hospital rules & regulations apply to your conduct as a patient.
- You have the right to expect emergency procedures to be implemented without unnecessary delay.
- You have the right to good quality care and high professional standards that are continually maintained and reviewed.
- You have the right to expect good management techniques to be implemented within the hospital considering effective use of your time and to avoid your personal discomfort.
- You have the right to medical and nursing services without discrimination based upon race, color, religion, gender, sexual preference, disability, national origin, or source of payment.
- You have the right, in collaboration with your physician, to make decisions involving your health care. This right applies to the family and/or guardian of neonates, children, and adolescents.
- While this hospital recognizes your right to participate in your care and treatment to the fullest extent possible, there are circumstances under which you may be unable to do so. In these situations (e.g., if you have been adjudicated incompetent in accordance with laws, are found by your physician to be medically incapable of understanding the proposed treatment or procedure, are unable to communicate your wishes regarding treatment, or are an emancipated minor) your rights are to be exercised, to the extent permitted by law, by your designated representative or other legally designated person.

- You have the right to make decisions regarding the withholding of resuscitative services or the forgoing or withdrawal of life-sustaining treatment within the limits of the law and the policies of this institution.
- You have the right, upon request, to be given the name of your attending physician, the names of all other physicians or practitioners directly participating in your care, and the names and professional status of other health care personnel, including medical students, residents or other trainees, having direct contact with you.
- You have the right to every consideration of privacy concerning your medical care program. Case discussion, consultation, examination, and treatment are considered confidential and should be conducted discreetly, giving reasonable visual and auditory privacy when possible.
This includes the right, if requested, to have someone present while physical examination, treatment, or procedure is being performed, as long as they do not interfere with diagnostic procedures or treatments, and to request a room transfer if another patient or a visitor in the room is unreasonably disturbing you and another room equally suitable for your care needs is available.
- You have the right to have all information, including records, pertaining to your medical care treated as confidential except as otherwise provided by law or third-party contractual arrangements.
- You have the right to have your medical records read only by the individuals directly involved in your care, by individuals monitoring the quality of your care, or by individuals authorized by law or regulation. The hospital shall provide you, or your designated/legal representative, upon request, access to all information contained in your medical records, unless access is specifically restricted by the attending physician for medical reasons.
- You have the right to receive information on how we will use your personal health information. Our Notice of Privacy Practices provides you with a full description of the ways in which we both use and protect your health information.
- You have the right to request a restriction or limitation on the medical information we use or disclose about you. You also have the right to revoke or revise any authorization you have signed for any disclosure other than treatment, payment of health care operations.
- You have the right to request a copy of your medical records (note there may be a fee for the copying of your medical records). If you feel that your information on file is incorrect, or incomplete, you may ask us to amend the information.
- You have the right to request an accounting or list of certain disclosures we have made of your medical information. This list may not include disclosures made prior to April 2003.

- You have the right to be communicated with in a manner that is clear, concise and understandable. If you do not speak English, you should have access, where possible, to an interpreter.
- You have the right to full information in layman's terms, concerning diagnosis, treatment, and prognosis, including information about alternative treatments and possible complications. When it is not medically advisable that such information be given to you, the information shall be given on your behalf to your designated/legal representative.
- Except for emergencies, the physician must obtain the necessary informed consent prior to the start of any procedure or treatment, or both.
- You have the right to accept medical care or to refuse any drugs, treatment, or procedure offered by the hospital, to the extent permitted by law, and a physician shall inform you of the medical consequences of such refusal.
- You have the right not to be involved in any experimental, research, donor program, or educational activities unless you have, or your designated/legal representative has given informed consent prior to the actual participation in such a program. You or your designated/legal representative may, at any time, refuse to continue in any such program to which informed consent has previously been given.
- You have the right to participate in the consideration of ethical issues surrounding your care, within the framework established by this organization to consider such issues.
- You have the right to formulate an "advance directive" or to appoint a surrogate to make health care decisions on your behalf. These decisions will be honored by this hospital and its health care professionals within the limit of the law and this organization's mission, values and philosophy.
- If you have an advance directive, you are responsible for providing a copy of your advance directive to the hospital. However, you are not required to have an advance directive to receive care.
- You have the right to assistance in obtaining a consultation with another physician at your request and expense.
- When this hospital cannot meet the request or need for care because of a conflict with our mission, philosophy, or incapacity, you may be transferred to another facility when medically permissible. Such a transfer should be made only after you or your designated/legal representative has received complete information and explanation concerning the need for, and alternatives to, such a transfer. The transfer must be acceptable to the other institution.
- You have the right to examine and receive a detailed explanation of your bill.

- You have the right to full information and counseling on the availability of known financial resources for your health care.
- You have the right to expect that the health care facility will provide a mechanism whereby you are informed upon discharge of continuing health care requirements following discharge and the means for meeting them.
- You cannot be denied the right of access to an individual or agency that is authorized to act on your behalf to assert or protect the rights set out in this section.
- Information regarding your rights as a patient should be provided to you during the admission process or at the earliest possible appropriate moment during the course of your hospitalization.
- You have the right, without recrimination, to voice complaints regarding your care, to have those complaints reviewed, and, when possible, resolved.
- You have the right to appropriate assessment and management of pain.
- You have the right to be free from any form of restraints - both physical and drug that is not medically necessary or is used as means of coercion, discipline, convenience or retaliation by staff.
- You have the right to be free from seclusion imposed as a means of coercion, discipline, convenience or retaliation by staff.

It is the intent of the hospital to provide quality care and address any concerns that you may have.

If you have a question about your right as a patient or have a quality concern related to your care, dial "0" to contact the Patient Representative. Please discuss your concerns with them and appropriate follow-up will be done.

In the event that you have a concern that has not been resolved to your satisfaction or a grievance about your care, please forward these concerns to:

Nason Hospital
105 Nason Drive
Roaring Spring, PA 16673
(ATTENTION: Patient Safety Officer)

Please include details of your concern, your name, address and telephone number and a timely response will be given.

Should you feel that your concerns are not adequately addressed or would prefer not to discuss these issues with hospital personnel, you have the right to refer complaints directly to the Pennsylvania Department of Health, at:

Pennsylvania Department of Health
Adult and Ambulatory Care Services

**P.O. Box 90
Harrisburg, PA 17108-0090
1-800-254-5164**

If you believe your privacy rights have been violated, you may file a complaint in writing with our Privacy Officer or with the Secretary of the U.S. Department of Health and Human Services.

Statement of the Patient's Responsibilities:

As a patient, you should assume responsibility for the following:

- The hospital expects that you or your designated/legal representative will provide accurate and complete information about present complaints, past illnesses, hospitalizations, medications, “advance directives”, and other matters relating to your health history or care in order for you to receive effective medical treatment.
- You are responsible for reporting whether you clearly comprehend a contemplated course of action and what is expected of you.
- The hospital expects that you will cooperate with all hospital personnel and ask questions if directions and/or procedures are not clearly understood.
- You are expected to be considerate of other patients and hospital personnel, to assist in the control of noise and visitors in your room, and to observe the smoking policy of this institution. You are also expected to be respectful of the property of other persons and the property of the health center.
- In order to facilitate your care and the efforts of the hospital personnel, you are expected to help the physicians, nurses, and allied medical personnel in their efforts to care for you by following their instructions and medical orders.
- Duly authorized members of your family or designated/legal representative are expected to be available to hospital personnel for review of your treatment in the event you are unable to properly communicate with your health care givers.
- It is understood that you assume the financial responsibility of paying for all services rendered either through third-party payers (your insurance company), or being personally responsible for payment for any services that are not covered by your insurance.
- It is expected that you will not take drugs that have not been prescribed by your attending physician and administered by hospital staff, and that you will not complicate or endanger the healing process by consuming alcoholic beverages or toxic substances during your hospital stay.

ADVANCE DIRECTIVES

In Pennsylvania, competent adults have the right to decide whether to accept, reject or discontinue medical care or treatment. In order to protect and safeguard this right it may be necessary to execute an Advance Directive.

An Advance Directive is a written document that you may use, under certain circumstances, to tell others what care you would like to receive or not receive should you become unable to express your wishes at some time in the future. In Pennsylvania two types of Advance Directives are recognized:

1.) A Living Will; and 2) A Durable Power of Attorney for Health Care.

Consistent with the Federal Patient Self Determination Act of 1990, the hospital informs all adult inpatients of their right to make known their desires concerning their care in the form of advance directives. It is for this reason that patients and their family members are respectfully referred to the patient's treating physician for a complete discussion of such matters.

Nason Hospital respects the physician/patient relationship as fundamental when patients consider and decide about accepting, withdrawing or withholding medical treatments. The hospital strongly encourages each patient to discuss any such decisions with his or her treating physician. These will include decisions about resuscitating the patient, about providing, withdrawing or withholding treatments such as artificial feeding and the specific circumstances when particular measures or treatments might be desired by the patient.

In the event that your physician or the hospital is unable to comply with your wishes, you will be notified of such, and every effort will be made to assist in arranging a transfer to a physician or facility that can comply with your wishes.

The Director of Social Services is available to assist patients and their families with more information regarding Advance Directives and for individuals interested in completing an Advance Directives while at the hospital.

PATIENT SAFETY

SPEAK UP: HELP PREVENT ERRORS IN YOUR CARE

Everyone has a role in making health care safe – physicians, health care executives, nurses, and technicians and patients. Health care organizations across the country are working to make health care safety a priority. You, as the patient, can also play a vital role in making your care safe by becoming an active, involved and informed member of your health care team.

The “Speak Up” program, sponsored by the Joint Commission on Accreditation of Healthcare Organizations, urges patients to get involved in their care. Such efforts to increase consumer awareness and involvement are supported by the Centers for Medicare and Medicaid Services.

This initiative provides simple advice on how you, as the patient, can make your care a positive experience. After all, research shows that patients who take part in decisions about their health care are more likely to have better outcomes.

To help prevent health care errors, patients are urged to “Speak Up.”

Speak up if you have questions or concerns, and if you don’t understand, ask again. It’s your body and you have a right to know.

Your health is too important to worry about being embarrassed if you don’t understand something that your doctor, nurse, or other health care professional tells you.

Don’t be afraid to ask about safety. If you’re having surgery, the staff will confer with you when marking your surgical site so that there’s no confusion in the operating room.

Don’t be afraid to tell the nurse or the doctor if you think you are about to receive the wrong medication.

Don’t hesitate to tell the health care professional if you think he or she has confused you with another patient.

Pay attention to the care you are receiving. Make sure you’re getting the right treatments and medications by the right health care professionals. Don’t assume anything.

Tell your nurse or doctor if something doesn’t seem quite right.

Expect health care workers to introduce themselves when they enter your room and look for their identification badges. A new mother, for example, should know the person to whom she is handing her baby. If you are unsure, ask.

Notice whether your caregivers have washed their hands. Hand washing is the most important way to prevent the spread of infections. Don't be afraid to gently remind a doctor or nurse to do this.

Know what time of day you normally receive a medication. If it doesn't happen, bring this to the attention of your nurse or doctor.

Make sure your nurse or doctor confirms your identity, that is, checks your wristband or asks your name, before he or she administers any medication or treatment.

Educate yourself about your diagnosis, the medical tests you are undergoing, and your treatment plan.

Ask your doctor about the specialized training and experience that qualifies him or her to treat your illness (and be sure to ask the same questions of those physicians to whom he or she refers you.)

Gather information about your condition. Good sources include your doctor, your library, respected web-sites and support groups.

Write down important facts your doctor tells you, so that you can look for additional information later. And ask your doctor if he or she has any written information you can keep.

Thoroughly read all medical forms and make sure you understand them before you sign anything. If you don't understand, ask your doctor or nurse to explain them. Make sure you are familiar with the operation of any equipment that is being used in your care. If you will be using oxygen at home, do not smoke or allow anyone to smoke near you while oxygen is in use.

Ask a trusted family member or friend to be your advocate.

Your advocate can ask questions that you may not think of while you are under stress and can help to make sure you get the right medications and treatments. Your advocate can also help remember answers to questions you have asked, and speak up for you if you cannot.

Make sure this person understands your preferences for care and your wishes concerning resuscitation and life support.

Review consents for treatment with your advocate before you sign them and make sure you both understand exactly what you are agreeing to.

Make sure your advocate understands the type of care you will need when you get home.

Your advocate should know what to look for if your condition is getting worse and whom to call for help.

Know what medications you take and why you take them. Medication errors are the most common health care mistakes.

Ask about the purpose of the medication and ask for written information about it, including its brand and generic names. Also inquire about the side effects of the medication.

If you do not recognize a medication, verify that it is for you. Ask about oral medications before swallowing, and read the contents of bags of intravenous (IV) fluids. If you're not well enough to do this, ask your advocate to do this.

If you are given an IV, ask the nurse how long it should take for the liquid to "run out." Tell the nurse if it doesn't seem to be dripping properly (that is too fast or too slow).

Whenever you are going to receive a new medication, tell your doctors and nurses about allergies you have, or negative reactions you have had to medications in the past.

If you are taking multiple medications, ask your doctor or pharmacist if it is safe to take those medications together. This holds true for vitamins, herbal supplements, and over-the-counter drugs, too.

Use a hospital, clinic, surgery center, or other type of health care organization that has undergone a rigorous on-site evaluation against established, state-of-the-art quality and safety standards, such as that provided by JCAHO.

Ask about the health care organization's experience in treating your type of illness. How frequently do they perform the procedure you need and what specialized care do they provide in helping patients get well?

If you have more than one hospital or other facility to choose from, ask your doctor which one offers the best care for your condition

Before you leave the hospital or other facility, ask about follow-up care and make sure that you understand all of the instructions.

Go to Quality Check to find out whether your hospital or other health care organization is accredited.

Participate in all decisions about your treatment. You are the center of the health care team.

You and your doctor should agree on exactly what will be done during each step of your care.

Know who will be taking care of you, how long the treatment will last, and how you should feel.

Understand that more tests or medications may not always be better. Ask your doctor what a new test or medication is likely to achieve.

Keep copies of your medical records from previous hospitalizations and share them with your health care team. This will give them a more complete picture of your health history.

Don't be afraid to seek a second opinion. If you are unsure about the nature of your illness and the best treatment, consult with one or two additional specialist.

The more information you have about the options available to you, the more confident you will be in the decisions made.

Ask to speak with others who have undergone the procedure you are considering. These individuals can help you prepare for the days and weeks ahead. They also can tell you what to expect and what worked best for them as they recovered.

PROFESSIONAL SERVICES

ANESTHESIOLOGY

Should your surgical treatment require an anesthetic, an anesthesiologist will evaluate you and, in consultation with your physician, select the appropriate anesthetic. Anesthesiologists are responsible for the medical management of your anesthetic as well as your recovery from anesthesia.

CARDIOPULMONARY SERVICES (RESPIRATORY/CARDIOVASCULAR/EEG)

Cardiopulmonary Services (Respiratory/Cardiovascular) are allied health specialties instrumental in the diagnosis, treatment, management and preventive care of patients with respiratory or cardiac problems. All treatment for respiratory diseases or heart conditions is carried out by the order of your physician.

Electroencephalography (EEG) is the recording of the electric impulses of the brain. This diagnostic study is carried out by the order of your physician. A physician trained in neurology will study the test results to aid in diagnosing your illness.

EMERGENCY SERVICES

Nason Hospital's Emergency Department is open 24 hours a day, seven days a week. The department is staffed by a licensed physician, registered nurses and other personnel that are capable of rendering comprehensive emergency care.

A patient's condition is assessed upon arrival. Those in most serious need will be treated first. The Emergency Department is provided to care for those in need of immediate services because of the urgent nature of their health condition and is not intended to take the place of the personal physician's office.

HOME HEALTH SERVICES

Nason Hospital's Home Health Department is a home care program that provides professional, caring services at home. Members of the home health team provide a wide range of health care and social services to patients and their families in the familiar and comfortable setting of their homes. The services offered include skilled nursing, home health aide services, medical social services, physical therapy, speech pathology, medical supplies, nutritional guidance and other consultative services.

HOSPICE CARE

A coordinated interdisciplinary program of supportive services of pain and symptom control is available for terminally ill patients and their families and is directed by a physician and other appropriate professional staff. This care is provided in both the home and hospital settings.

INTENSIVE-CORONARY CARE UNIT

The Intensive-Coronary Care Unit is an area designed for those patients who are critical and require continuous visual observation and electronics monitoring. Nurses assigned to these areas have been trained in dealing with critical medical situations and in the use of lifesaving equipment. Patients are admitted and discharged from this unit upon order of the attending physician.

LABORATORY

Nason Hospital's Laboratory is directed by a pathologist. Other physicians rely on the pathologist and his laboratory staff for confirmation of their diagnosis of disease. The Laboratory is staffed by medical technicians/technologists who take samples of your blood and other fluids, or process fluids removed to aid in the identification of a suspected illness. With knowledge obtained from biopsies, blood counts and other laboratory tests, your doctor can select a suitable method of treatment.

MEDICAL STAFF

Your doctor is a member of Nason Hospital's Medical Staff and is responsible for your care and treatment while you are a patient at our hospital. All tests, medications and treatments are prescribed by him/her or under his/her direction.

MEDICAL/SURGICAL UNIT

The Medical/Surgical Units include a pediatric area as well as private and semi-private rooms for adult and adolescent patients. Telemetry is available for the care of those patients who require cardiac monitoring of coronary conditions.

OBSTETRIC UNIT

Nason Hospital's Obstetric "Special Delivery" Unit provides family-centered, birthing suites where the mother can proceed from labor through normal delivery and recovery in the same room. Prepared child birth classes are offered to prepare

the mother and family for labor, breast feeding and the introduction of a new member into the family.

OPERATING ROOM

Our Surgical Department is staffed by trained personnel and equipped with modern instrumentation in order to perform surgical operations.

OUTPATIENT SURGICAL UNIT

An Outpatient Surgical Unit provides greater convenience to the patient requiring same day surgery but not inpatient hospitalization. This unit provides constant observation and nursing care to the patient preoperatively and postoperatively until the patient is discharged.

PHARMACY

Nason Hospital provides a well-stocked Pharmacy that is directed by registered pharmacists who assure that the patient promptly receives the appropriate medication ordered by the physician.

PHYSICAL REHABILITATION

Your physician may prescribe various treatments in order to relieve pain, improve motion or increase strength and function of limbs incapacitated by illness or injury. The department is staffed by a licensed physical therapist and certified therapy assistants. Occupational therapy services are also provided by a licensed occupational therapist.

RADIOLOGY (X-RAY AND SPECIAL IMAGING)

Should you require diagnostic X-rays, nuclear medicine, ultrasound, DEXA studies, mammography, MRI or CT during your hospital stay, your physician will refer you to the Radiology Department.

Nason Hospital's Radiology Department is equipped with Computerized Tomography (CT) and a mobile Magnetic Resonance Imaging (MRI) unit, two of the leading technologies benefiting both patients and physicians.

The department is directed by a radiologist, who performs certain procedures, interprets your examinations and submits written reports of the findings to your physician. The department is also staffed by registered radiologic technologists.

RECOVERY ROOM

Patients are usually taken to this room immediately following surgery so they may receive appropriate care by the nursing and anesthesia staffs until they recover from anesthesia and can be returned to their room.

SOCIAL SERVICES

The Department of Social Services helps patients and their families cope with the impact of illness in their lives.

Services include discharge planning, counseling and referral to other community services or agencies.

NOTARY PUBLIC

Notary Public services are also available for your use free of charge. Ask your nurse or the director of social services to arrange for this service.

LEAVING THE HOSPITAL

Discharge planning is an essential part of the care you receive while staying at Nason Hospital. Members of Nason's health care team will work with you and your family throughout your stay to plan for your needs and to make arrangements for care and services that you will need after you are discharged from the hospital.

The Director of Social Services, along with members of the discharge planning team, will assist you in this process. If needed, they will make referrals and work with community agencies on your behalf to arrange for a stay in an extended care facility or for home health or hospice care services, and/or to obtain needed home medical equipment. There is a variety of community resources available to assist you with meeting your post hospital needs.

The Director of Social Services will be available to explain which community resources are appropriate and available and to explain financial requirements for these services. You and your family will be asked to choose which resources best meet your needs on discharge from the hospital. The Director of Social Services can provide emotional support and counseling to you as you prepare for your discharge, members of the discharge planning team will make any necessary referrals for community services. You will then be contacted by those agencies for further follow-up.

GIFTS AND MEMORIALS

Friends for Nason Hospital can make tax-free contributions which help to support the cost of new services and technology that will benefit our patients and the

community. All contributions, regardless of amount, are appreciated. Send gifts and memorials to:

Nason Foundation
C/o Human Resources/Public Relations
105 Nason Drive
Roaring Spring, PA 16673

STATEMENT OF LICENSURE AND ACCREDITATION

Nason Hospital is licensed by the Department of Health, Commonwealth of Pennsylvania, and is fully accredited by the Joint Commission on Accreditation of Healthcare Organizations (consisting of American College of Physicians, American College of Surgeons, American Hospital Association, American Medical Association), College of American Pathologists, and American College of Radiologists. These accreditations signify that Nason Hospital maintains rigid standards regarding our medical, nursing, technical, governing body and administrative staff, our facilities and equipment, and all other factors that contribute to quality services and patient care.